



**50 MILE, 50K, HALF-MARATHON, 12K
AND 50 MILE RELAY**

12K and Half Marathon

Participant Guide

January 26, 2019

Oracle State Park

Welcome:

We would like to welcome all 12K and half marathon runners to the 3rd Annual AZT Oracle Rumble. Please take the time to read through this participant guide before race weekend. Our hope is that you will find all the information you need for race day. If you have any further questions please do not hesitate to contact us. We look forward to sharing the day with you. We hope that at the end of the day you leave sharing our collective love for Arizona's wild landscapes and the Arizona National Scenic Trail.

Schedule of Events:

Friday, January 25, 2019

3:00pm-6:00pm - Packet Pickup at Summit Hut (Oro Valley) 7745 N. Oracle Rd.

Saturday, January 26, 2019

4:45am - gates open at Oracle State Park

6:30am - shuttles begin running from parking area at Oracle Justice Court

7:00-8:00am - Packet pickup and runner check in

8:00am - Half Marathon (HM) Starts

8:30am - 12K Starts

9:30am - shuttles begin transportation back to parking area at Oracle Justice Court

Packet Pickup and Check in:

Friday, January 25, 2019 from 3:00 p.m. to 6:00 p.m packet pickup will take place at Summit Hut (Oro Valley). Summit Hut is located in the Oracle Crossings (Suffolk and Oracle) at 7745 N Oracle Rd, 85704.

For those picking up their packets on Friday you will receive a small gift generously donated by our sponsor Summit Hut for making race morning a bit less hectic for us all.

Saturday, January 26, 2019 (race morning) from 7:00-8:00 packet pickup will take place at Oracle State Park (OSP) at the race staging area.

Even if you pick up your packet on Friday you **MUST** check in at the packet pickup table race morning so that we have an accurate list of runners on the trail for safety purposes.

Driving Directions to Oracle State Park Staging Area:

Oracle State Park (OSP) is located at 3820 Wildlife Dr., Oracle AZ 85623

However, due to limited parking available in OSP we are requiring all 12K and Half Marathon (HM) participants to park at an off site location and ride the provided shuttles to the race staging area within the park.

Parking:

HM and 12K participants must park at the Oracle Justice Court at 1470 N. Justice Dr., Oracle. Look for race volunteers who will direct you in the parking area. Free shuttles will be provided to take you a few miles to and from OSP.

Please allow yourself plenty of time to park and get a shuttle ride to the staging area at OSP. ***Parking is limited so please carpool!***

***Please note the FREE SHUTTLES are for participants only!**

Directions to the parking area at Oracle Justice Court:

From the south (Tucson):

Take a right off of Highway 77 onto W. American Ave. (watch for signs to Oracle), stay on W. American Ave for 2.5 miles for a left onto N. Justice Dr.. The parking area is just ahead. Watch for volunteers who will be directing you.

From the north (Mammoth):

Take a left off of Highway 77 onto American Ave./Old Hwy. 77, in 1.3 miles turn right onto N. Justice Dr.. The parking area is just ahead. Watch for volunteers who will be directing you.

Entry Into OSP:

Oracle State Park (OSP), like all AZ State Parks, requires a pass or an entry fee for every vehicle and person that enters the park. The event will only cover that entry fee for participants and volunteers.

Everyone who is not a participant or volunteer will be charged the Daily Gate fee of up to 4 adults per vehicle of \$7.00 and \$3 for each additional adult in that vehicle unless they present a current Arizona State Parks Pass. This fee will be collected by park staff in the booth at the entrance to OSP. Please have exact change available, if possible.

*Please print and provide the map below to any crew or spectators that will be coming out to support you on race day to give them details on the layout within OSP:

<https://runazt.org/ospgeneralmap2019-2/>

Race and Park Rules:

- Rule number one. Have fun, take in the views, smile, and be kind to those you meet along the way.
- You must stay on course at all times. If you leave the course for any reason (including taking a wrong turn) you must return to the course at the same point at which you left it. Failure to do so will be grounds for immediate disqualification.
- Bib numbers must be worn on the **FRONT** of the body and be **FULLY VISIBLE** at all times. Some find pinning the number to their shorts is best when layers of clothes may be put on and off throughout the day.
- Littering of any kind is prohibited. Please respect the natural beauty of these trails and help to ensure our continue use of them by disposing of trash at aid stations.
- Pets are not allowed on the race course. Pets are welcome around the finish line but must be leashed at all times.
- If you are unable to finish the race you **MUST** immediately notify the appropriate race personnel at an aid station or finish line as quickly as possible.
- The Arizona Trail is open to other trail users during the race. You may meet hikers, horses or mountain bikes during the day. Please share the trail and be courteous to those you meet along the way.
- Aid station captains have the authority to act on the behalf of the AZT Oracle Rumble race management.
- The race director has the final say in all decisions.

Restroom and Trail Etiquette:

There will be restrooms available near the start of the 12K and Half Marathon. 12K runners will have access to a porta potty at the Kannally Wash aid station 2.1 miles into the race. Half marathoners will have access to a porta potty at about .75 miles as they pass through the Oak Woodland Picnic area and then will have access to a porta potty 5.2 miles into the race at the Kannally Wash aid station. Nature potty is always an op-

tion but you **MUST** pack out your toilet paper (**yes we're serious**). Do not leave any trash on the trail. We want to make sure we have minimal impact on the AZT and the trail corridor. Anyone caught littering will be automatically disqualified. We will provide small plastic bags at packet pickup and have extras at each aid station so that you can pack out your toilet paper to the next aid station.

Course:

What to expect. This is trail running so all distances are approximate. We do promise you boundless natural beauty, a challenging well marked course and supportive volunteers along the way. There will be highly runnable surfaces and some technical terrain. Lots of single track, some sandy washes and guaranteed rocks. Take time to enjoy all that is around you. Smile.

12K:

The 12k race will begin at 8:30am on Wildlife Drive just up the road from race headquarters and the start line will be marked by a banner. The route will head up the road and after about .4 miles turn on the Wildlife Corridor Trail. Just under 2 miles you will take a left onto the Arizona Trail and run roughly .5 miles to the Kannally Wash aid station. After leaving the aid station you will traverse an additional 2.8 miles of the Arizona Trail. Part way through this section you will meet back up with the Half Marathon course and may have some faster runners coming up behind you and asking to pass. Please be accommodating. You will be turning left next to route 77 and will encounter the second aid station at Cherry Valley Wash. Leaving the aid station, you will head up Cherry Valley Wash for about a mile before turning left onto the Mariposa Trail. After about another mile you will turn left on the Bellota Trail and then it is a short trek down to the finish line at the staging area.

Half Marathon:

The half marathon will begin at 8:00am on Wildlife Drive. The start line will be marked with a banner. After heading up the road you will turn right on the Windy Ridge Trail for .27 miles before turning right on the Granite Overlook Loop Trail. About halfway through the 1 mile section of the Overlook Loop you will reach the highest point of your race at 4622'. Look around. Enjoy the views. Back down you go for a right onto a small spur trail and then the Mariposa Trail. You will cover about 2.3 miles on the Mariposa Trail before taking a left onto the Arizona Trail. After about 2 miles on the AZT you will arrive at the Kannally Wash aid station, roughly 6 miles into the race. Leaving the aid station you will turn right onto the Windmill Loop Trail, which runs partly in the wash and partly on a trail above the wash. After 1 mile you will leave the wash and head uphill, still on the Windmill Loop Trail. After about 2 miles you will meet up with the Powerline Trail and turn right. After a short distance you will reach a four way trail junction

where you will turn right on the Arizona Trail. After about 1.2 miles you will turn left next to Route 77 and encounter the second aid station in Cherry Valley Wash. Leaving the aid station, you will head up Cherry Valley Wash for about one mile before turning left onto the Mariposa Trail. After about another mile you will turn left onto the Bellota Trail, and then it is just a short trek down to the finish line staging area.

Course Markings:

The course will be marked with yellow surveyors tape and/or reflective ribbons streaming from bushes and trees. And, all trail junctions will be clearly marked with arrows. Participants in the 12K should follow all signs that read '12K' while participants in the Half Marathon should follow all signs that read 'HM'. However, there is only one section where signs will point the HM and 12K participants in different directions, and that is when leaving the first aid station at Kannally Wash. At all common trail junctions where the different distances are all going the same direction, simply follow the directional arrows and ribbons.

Aid Stations:

New- For our 2019 race we are going cupless. Runners must provide their own drinking vessels at the aid stations. We will have collapsible cups available for \$3.00 at packet pickup for your convenience.

There are two aid stations for both the 12K and HM distances. You will find water and Tailwind provided at both of these aid stations.

The 12K will have pass through the Kannally Wash Aid Station at about 2.3 miles and the Cherry Valley Wash Aid Station at about mile 5.

The HM will pass through the Kannally Wash Aid Station at about mile 6 and the Cherry Valley Aid Station at about mile 10.5.

Drop Bags:

We will provide a safe area for you to leave a bag at the start of the race since it is important that you stay warm before and after your race. Please only leave your bags in the clearly marked finish line bag area.

- Do not leave valuable or fragile items in your drop bags.
- Drop bags should not be too large and should be clearly marked with your bib number.

**** Race management is not responsible for the loss or damage of any drop bags.**

Dropping Out or Dropping down in Distance:

If you are unable to finish the race you **MUST** immediately notify the appropriate race personnel at an aid station or finish line. **Do not leave the race without letting us know** as this may result in a great deal of time, energy and money spent searching for you to ensure you are safe and unharmed.

Weather and Terrain:

In January, the average high temperature is 56 °F (13 °C) with a low of 35 °F (2 °C). At an altitude of 4,100 feet Oracle's vegetation consists of mostly emory oak (*Quercus emoryi*), desert spoon (*Dasyliirion wheeleri*), soap tree yucca (*Yucca elata*), prickly pear (*Opuntia*) and various grasses. There are no major ascents or descents in any of the courses but almost all of the trails are rolling.

Race Day - Daylight Hours:

Sunrise: 7:22am

Sunset: 5:48 pm

Awards:

All runners will receive a unique finisher award for making it across the line!

There will be special awards for the top 3 finishers in each distance and no age group awards.